

SNOW CAMPING GEAR

CHECKLIST

Need	Packed	#	Item Description (* means see notes, by number of item)	Rental
		1	sleeping bag (mummy type, 0 degrees or lower) can rent (see notes), or use 2 bags) *	<Recommended
		2	sleeping pad(s)* closed cell foam, i.e. Thermarest, one or two (not "blow-up" type).	
		3	fleece insert for sleeping bag (optional) *	
		4	pillow & case (optional)	
		5	backpack (you MUST be able to carry all personal gear on your back)	
		6	tarps* (2-one for ground cloth under tent, one for inside tent below pad, fits tent size)	
		7	snow boots, rubber bottoms, waterproofed, gaiters also if low boots.* ***MUST***	
		8	liner socks (min 2 pair) (REI or try baseball section "sanitary socks", polyester)	
		9	heavy non-cotton socks (2-3 pair)	
		10	tights (silk or polypropylene)	
		11	night clothes (long johns, wool or synthetic), socks, cap, balaclava, fleece top, mittens	
		12	thermal pants (for under the waterproof layer)	
		13	waterproof pants (1 pair), i.e. rain pants.	
		14	ski pants (water resistant)	
		15	underwear -- NO cotton boxers or briefs.	
		16	undershirt (2 - non-cotton), soccer shirts work great (*)	
		17	fleece jacket or wool sweater, (may want more than one fleece to provide layers).	
		18	waterproof jacket with hood (must have a hood)	
		19	glove liners (advise two pairs for two day trip, wicking layer, at REI).	
		20	waterproof gloves (try chemical gloves from Home Depot)	
		21	ski gloves (water resistant), extra pair is good	
		22	handwarmers, work great in the foot of your sleeping bag too, (Costco), MUST	
		23	wool cap (2) ***MUST***, these are in addition to your parka hood	
		24	sunglasses or ski goggles (MUST), do not want to get snowblindness.	
		25	bandana	
		26	chapstick and sunscreen	
		27	personal toiletries	
		28	insulated cup w/lid, eating dish and utensils; want plastic cup, NOT metal, (Target)	
		29	whistle	
		30	headlamp or flashlight & extra batteries (cold weather plays havoc with batteries)	
		31	water bottle (i.e. Nalgene)	
		32	Mini-Pad: square of closed cell foam to sit or kneel on in snow (i.e. gardening pad) *	
		33	sack lunch for the first day	
		34	emergency food (power bar, Snickers bar)	
		35	mylar emergency blanket	
		36	garbage bags (3)	
		37	separate bag of dry clothes to leave in car for ride home	
		38	\$ for en route snack (Sat AM) and lunch on way home	
		39	camera (optional)	
		40	cards (optional)	
		41	snowshoes (MUST) (can rent at REI or elsewhere, see Sierra Club list)	<Yes, need them
		42	small snow shovel, and snow saw (optional, but handy)	
		43	neck gaiter (fleece)	
		44	pee bottle (so don't have to get up at night) i.e. wide-mouth Gatorade bottle.	
		45	sled (to carry gear on) (optional) try Dom's in Livermore. Needs rope tiedowns.	
		46	four season tent, if you have one.	
		47	string to make deadmen anchors (w twigs or stakes). Learn slip knots.	

NO cotton boxers or briefs
 NO cotton socks
 NO cotton pants, jeans, denim jackets.
 NO Mom packing the gear, scouts must know where everything is.

Item	Notes
1	Sleeping Bag: Synthetic fill bags do better than down if they get wet. Down is expensive but warm. Can rent down winter bags at Marmot Mtn Works in Berkeley. Being warm at night is probably #1 factor in being comfortable. Temp drops considerably when the sun goes down. If using two sleeping bags, remember that one of them needs to be a smaller size, so that it will fit inside the larger one.
2	Sleeping pads: as alternative to regular camping pads, some people have suggested using reflective sun visors (foldable and reflective material, sometimes found at Big Lots or other places).
3	Fleece Insert for bag: can make inexpensive fleece insert for sleeping bag, buy some fleece fabric at JoAnne's fabric store or Big 5, sew a bag insert. Carry extra(s) in leader's bag for cold scouts.
6	Tarps: Home Depot has tarps in various sizes. One variation on tarps inside tent: try a table cloth, vinyl on one side with flannel-type material on back side, for inside tent (flannel is quieter when moving around inside the tent). Ace hardware has these tablecloths.
7	Snow Boots. can rent waterproof boots (see Sierra Club list).
7	Gaiters: DIY: put grommet and line to hold the gaiter under your boot.
16	Base Layer: can do fine at WalMart, Sears, Target; don't need UnderArmour type of expensive stuff.
32	Mini-Pad: Ace Hardware has small kneeling pads in the gardening section. With two pads you have one for your rear and one for feet. Can use shower hooks to clip it to your pack (Ace Hardware has shower hooks).
	Do NOT scrimp on: socks, gloves, hat, boots or sleeping bag.