

Old Fashioned Macaroni and Cheese

Ingredients

- 8 oz macaroni
- 8 oz sour cream
- 2 c cottage cheese
- 8 oz cream cheese
- 1 sm onion, chopped
- Salt & pepper
- 8 oz sharp cheddar cheese
- Serves roughly 8-9 people

Directions

- Prepare macaroni according to package instructions.
- Mix all ingredients together and place in pan.
- Put pan in Dutch oven for 30 min or until cheese is melted and bubbly.
- 8 coals on bottom, 15 on top

Notes

- This recipe is great for pickier patrols who still want to actually cook something.
- All the cheeses should be of like color (white); otherwise, the food-coloring ratio forms a salmon-pink color, which may discourage certain eaters
- Should be served with some kind of vegetables or fiber: the 4 or so ounces of cheese in a serving may cause gastrointestinal upset.
- It might be easier to cook the macaroni ahead of time, but this has not been tested.