

Information for Families

Dear Families,

Camp is an exciting and thrilling experience for your Scout. If this is his first time away at summer camp, new issues may be raised. Below are answers to questions commonly asked by families of new Boy Scouts.

We are glad that your family has chosen the Scouting program to help your son grow, and we want to make sure he is prepared to have a great experience at Camp Marin Sierra.

Required Forms

Health Forms (We suggest you keep the original and send a copy.)

Each Scout and adult in attendance must have a current and valid health form. Most Scouts will require the Class 1 and 2 health form, which must be filled out by a medical doctor every three years. The Class 1 form is updated by the parents or guardians each year. Adults 40 and over and High Adventure participants need a Class 3 medical form.

Parent Authorization Form Every Scout under 18 years old that comes to camp must have this form giving medical consent and consent to various activities. It must be signed and initialed in the appropriate places by both legal parents or guardians. If there is only one parent or guardian, then only one must sign and initial.

No youth can remain in camp without this medical release, and he may be limited in his activities if the activity section is not filled out or submitted.

Medication All medication (including non-prescription) sent with the Scout must be turned in to the camp medical officer to be stored in a locked unit accessible only by an appointed troop leader. The troop leader is responsible for dispersing the medications to Scouts according to instructions. All medication needs to be sent in the *original container* and prescription medications must still have the patient's name on the container. Scouts who require emergency medications (inhalers, epi pens, heart medicine) should always carry those with them. The

Scout's name should be on all medications brought to camp and especially those carried by the Scout.

Packing

Having the gear he needs will be the best comfort to your Scout at camp. Please ask your troop for their recommended full packing list.

- Mess kit (not disposable dishes or utensils)
- Clothing for up to 7 days
- Scout uniform
- 2 pairs of closed-toed shoes
- 1 pair of sandals or water shoes
- 1 pair of long pants and a long-sleeved shirt
- Scout handbook and any pre-work done for merit badges
- Water bottle, hat, sunscreen, insect repellent

Do not bring:

- Electronics (games, cell phones, MP3 players)
- Food, snacks
- Animals
- Anything not Scout appropriate

Mail at Camp and Contacting Your Scout

We encourage families to send mail to Scouts while at camp; however, sometimes it can take several days to arrive. Plan on sending mail to him even before he leaves for camp. Mail to the address below. Be aware that phone calls and visits to a new Scout sometimes can encourage homesickness, so please do not plan to talk with your Scout while he is at camp unless it is an emergency, and preferably don't schedule visits until Friday. Below is a telephone number where you may leave a message for your Scout. Make sure you know his troop number and council name.

Name of Scout, Troop #, Council Name
Camp Marin Sierra
PO Box 86
Emigrant Gap, CA 95715
530-389-9981