

No Mess Omelets

Ingredients

1. Eggs (can also use Egg Beaters or similar egg product, i.e. comes without the shells, comes in a small carton, available at Costco & grocery stores)
2. Favorite omelet toppings (any meat must be pre-cooked).
Suggestions: Chopped onions, shredded cheese, diced ham, and chopped bell peppers.
3. Zip-lock sandwich bags (heavy duty is best)
4. Marking Pen / i.e. Sharpie
5. Tongs

Directions

- Bring water to boil in a large pot.
- Have individuals prepare their own omelets by mixing their preferred ingredients in the zip lock bag.
- Each person writes their name on their bag with the marking pen.
- Squeeze ALL the air out of the bag and seal it.
- Place bag in the boiling water and cook until done. Fish out with tongs.